

Ginger Garlic Chicken Noodle Soup

Ingredients

For the chicken noodle soup:

1kg boneless skinless chicken thighs
6 garlic cloves, thinly sliced
1 piece ginger (3 inches), peeled and finely chopped
1 bundle spring onions, thinly sliced, divided into whites and greens
4 tsp salt
Freshly ground black or white pepper, to taste
10 cups water
8 oz dried ramen noodles or dried curly noodles
1 cup carrot, cut into thin matchsticks

For the sauce drizzle:

1/4 cup black rice vinegar
1/4 cup soy sauce
2 tbsp toasted sesame oil
Crispy chili oil, to taste

Method

Step 1: Simmer the Chicken and Aromatics

In a 4-to-5-quart pot, combine the boneless skinless chicken thighs, sliced garlic, chopped ginger, scallion whites (set aside the scallion greens for later), kosher salt, freshly ground pepper, and water. Bring the mixture to a boil over high heat.
Once boiling, reduce the heat to medium-low and allow it to simmer uncovered.
Stir the pot occasionally and let the chicken cook until it is very tender and cooked through, about 15 minutes.

Step 2: Prepare the Soy-Vinegar Sauce

While the soup simmers, whisk together the black rice vinegar, soy sauce, and toasted sesame oil in a medium bowl.

Stir in crispy chili oil to taste.

This will create a tangy sauce for drizzling over the soup later.

I like to add a generous spoonful of chili oil for extra depth and heat, but you can adjust the amount based on your spice preference.

Step 3: Shred the Chicken and Cook the Noodles

Once the chicken is cooked and tender, use tongs to remove the chicken pieces from the pot and transfer them onto a cutting board.

Add the dried ramen noodles and carrot matchsticks to the simmering broth, cooking according to the noodle package instructions, usually about 3–4 minutes.

Meanwhile, use two forks to shred the cooked chicken into bite-sized pieces.

Step 4: Finish the Soup

Once the noodles are tender, return the shredded chicken to the pot,

Gently stir everything together and rewarm for about 1 minute.

Taste the soup and adjust the seasoning with more salt or pepper if needed.

Sometimes I like to add an extra dash of soy sauce at this stage to bump up the flavour.

Step 5: Assemble and Serve

Divide the hot soup, with noodles and chicken, among serving bowls.

Top each bowl with a generous handful of reserved scallion greens for freshness and crunch.

Drizzle each serving with about 1 tablespoon of the soy-vinegar sauce from Step 2, adding more to taste.

Serve immediately, letting everyone add extra sauce or chili crisp as desired.